

2023 NCCA Annual Conference | Sessions at-a glance

Thursday, February 9 | Pre-Conference

Start Time	End Time					
9:00am	12:00pm	Resiliency, Hope, and Recovery - Part 1				
1:00pm	4:00pm	Resiliency, Hope, and Recovery - Part 2	Bringing Neuroscience into the Counseling Office: Using Brainspotting with Parts Work from Deeper Healing			

Friday, February 10 | Annual Conference Day 1

Start Time	End Time					
9am	10:20am	Welcome & Opening Keynote Session				
10:30am	12:00pm	NC Board LCMHC	Ready, Set, Grow! Best Practices from Black Women Practice Owners	The C.U.E.S Trauma Camp. A Trauma Informed Next Level of Treatment	Power in the Crossroad: Intersectionality in Supervision	The Call to Serve (Workshop)
1:30pm	2:20pm	Compassion Fatigue and Self Esteem in Counselors	Rural cultural wealth: Dismantling deficit ideologies of rurality	Treating Eating Disorders and Perfectionism	Facilitating Growth Mindset in Supervision	Legislative Advocacy for the Counseling Profession and Our Clients
2:30pm	3:20pm	Doctoral Programs in Counselor Education: A Path to Success?	College and Career Readiness of Students from Low-income Rural Areas	Understanding Animal Assisted Group Therapy from the College Counselor's Perspective	Restoring Counselor Wellness Through Clinical Supervision	Child-Parent Relationship Training in a Virtual Setting
4:00pm	4:50pm	Supporting the Mental Health Needs of First-Generation College & Graduate Students: Strategies for Counselors	Black Pastors and Counselors: Creating Meaningful Collaborations to Enhance Mental Health Awareness in Rural Areas	Boundaries in Clinical Practice: A Restorative Conversation to Facilitate Client Growth	An Adlerian Framework for Supervision	The Foundations of Child Parent Relationship Therapy Groups

Saturday, February 11 | Annual Conference Day 2

Start Time	End Time					
9:00am	9:50am	The DSM-5-TR is Here! Exploring Changes and Updates for Professional Practice	Is it Okay to Talk about Weight?	Tuckman's Theory of Group Development Applied to First Year College Students with ADHD: An Interpersonal Approach	Staying Passionate about Serving as a Counselor Supervisor	Building Resilient Kids - A Practical Exploration of the Impact of Trauma on the Developing Brain
10:00am	10:50am	Suicidality in Elementary Age Children: Implications for Counselors"	Shepherding the Shepherds: Mental Health and Restoration for Clergy in the Post-Pandemic Church	De-escalation in the Midst of Crisis	Supervision Strategies to Address Imposter Phenomenon in Counselors-in-Training	Attachment Security as a Framework in Child Centered Play Therapy
11:00am	11:50am	Mental Health Issues in the Classroom: Identification, Intervention, and Referral	Creating Sacred Anti-Opressive Spaces for Black American Women	Working with families to re-engage, restore, and reignite when mental health concerns are present	Trauma Informed Teaching: Strategies for the New Normal	Re-engage: Addressing the needs of therapists
1:30pm	2:20pm	Understanding and Assessing Psychopathy	Re-Imagining Counselor Training and Preparation for Sustainable Post-Graduate Counseling Praxis	Reflections on Telehealth's Remarkable Advantages: Revisited	Cultivating Client Empowerment to Ethically Reduce the Frequency and Impact of Addictive Use Disorders	Restorative Play
2:30pm	3:20pm	Understanding Certification Exams	Increasing Counselor Diversity Through Holistic Admissions Review: A Call to the Profession	Using Neurocounseling to Restore Client Wellness and Move Towards Growth Post-Trauma	Exploring the Lived Experiences of Novice School Counselors during the COVID-19 Pandemic; A Phenomenological Study	Re-understanding Neurodevelopment Disorders in Children
3:30pm	5:00pm	Neuroscience for Counselors: A Model for Integration	Cultivating Client Empowerment to Ethically Reduce the Frequency and Impact of Addictive Use Disorders	Counseling Women in Survival Mode	A Mentor, a Cheerleader, and a Gatekeeper: Cultivating a Growth Mindset in Supervisees	School Counselors as leaders in trauma-informed interventions: Changing teachers classroom behaviors through child-teacher relationship training

Schedule as of 11/18/22

Track Color Key

Counseling Theory & Practice
Social & Cultural Foundations
Supervision
Ethics
Wellness
Professional Identity
Assessment
Career Development
Play Therapy