Hello! Thanks for your interest in submitting an article to the North Carolina Counseling Journal (NCCJ). The journal was paused during the COVID-19 pandemic but relaunched in 2024 with a goal of publishing a digital issue once or twice per year, depending on the number of manuscripts received. Currently, our submission guidelines are as follows:

- A minimum of 10-15 pages double spaced, with a maximum length of 20 pages double spaced, is preferred.
- The minimum number of references should simply be proportionate to the length of your article (i.e., 10 pages, a minimum of 10 references; 20 pages, a minimum of 20 references).
- The following article categories are welcomed: best practices, applied theory, original research, and assessment and diagnoses. You can find definitions of these on the JCD's website for author submissions; we are building toward following their guidelines but just have a simpler approach at this time (https://onlinelibrary.wiley.com/page/journal/15566676/homepage/forauthors.htm l). Case studies and conceptual pieces are acceptable content for The NC Counseling Journal. Our goal is that the journal will hopefully be useful for counselors, counselor educators, and counselor supervisors. We want practical content but content that is well-supported by scholarly literature. As part of this commitment, we desire content that is free from bias of all kinds.
- Follow style and formatting guidelines set forth in the APA 7th edition, including running heads, title page, abstract, and references. The lead author should provide their contact email address, which will be included on the title page so that readers can contact them with questions about the article.
- Currently, authors are not required to be members of the NC Counseling Association.

In the journal's current evolution, there is no need for blind submissions by authors. As we are building our review team over the next year or so, we will move to a blind submission process. For now, send your Word document submission to Shannon Warden at spwarden@liberty.edu. Please copy Demi Cobb at cobbserves@gmail.com. Manuscripts that follow the guidelines above and are well-written, well-supported by scholarly literature, and free of bias of any kind, will be reviewed and a decision rendered as quickly as possible. Articles may be accepted as is, accepted with required edits, or declined. By submitting an article for review, authors are agreeing to allowing the NCCJ to publicly publish their article without compensation of any kind. Further, authors whose articles are published in the NCCJ are, by being published, acknowledging understanding that the NCCA and the NCCJ are not expressing endorsement of the authors, their sponsoring organizations/institutions, or the content of the published articles.

By submitting an article to the NCCJ, authors acknowledge their understanding that the NCCA and NCCJ reserve the right to amend manuscript submission guidelines at any time and to rescind acceptance and/or publication of a manuscript if it is determined that a manuscript does not comply with the ethical standards of the counseling profession.

Thank you so much for your interest in submitting an article for The NC Counseling Journal! Your contributions to the field are important and more valuable than you may realize. We look forward to helping get your good work out to the public!

Warmly, Shannon Warden, PhD, LCMHCS Demetrise Cobb, MS, LCMHCS Co-Editors of The NC Counseling Journal

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